

7th Annual meeting of stressnetwork.ch

University of Bern, Institute of Tissue Medicine and Pathology
Murtenstrasse 31, 3008 Bern

Monday February 17, 2025

9:40 am. **Registration**

10:00 am. **Opening remarks**

- **Carmen Sandi & Dominique de Quervain**

10:05 am. **Talks: New members**

- **Jardena Puder**, CHUV: *Stress, mental and metabolic health in the lifespan*
- **Antoine Adamantidis**, University of Bern: *Linking sleep and emotions*

10:50 am. **Coffee Break**

11:15 am. **Talks: New members**

- **Stamatina Tzanoulinou**, University of Lausanne: *Revisiting contextual fear processes using social stress conditioned place aversion*
- **Christian Ruff**, University of Zurich: *How acute stress changes risk-taking behavior*

12:00 pm. **Lunch Break**

1:00 pm. **Poster session**

2:00 pm. **Junior Investigators Awards**

- **Selected from abstracts**

Chair: Camille Piguet, University of Geneva

2:45 pm. **Coffee Break**

3:00 pm. **Round Table – How can we measure acute and chronic stress?**

- **Clemens Kirschbaum**, TU Dresden, Germany: *Stressed from head to toe: Assessing chronic stress in hair and other body tissues*
- **Birgit Kleim**, University of Zurich, *Exploring stress dynamics in the lab and in the real world*
- **Johannes Bohacek**, ETH Zurich: *Measuring stress-induced molecular changes in the brain*
- **Roland von Känel**, University of Zurich: *Acute and chronic stress measures in cardiovascular medicine*

Chair: Carmen Sandi, EPFL

4.30 pm. **Keynote Lecture – Andreas Lüthi**, FMI Basel: *Brain mechanisms for emotional states*

5.00 pm. Ceremony for the Global Stress & Resilience Network Pioneer Award – James L. McGaugh

Chair: Dominique de Quervain, University of Basel

5.15 pm. Closing remarks

- **Carmen Sandi & Dominique de Quervain**

5:20 pm – 6.30pm. Aperitif in Honor of the Awardee

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